



Our kitchen is led by head chef Paul “Pockets” Dunphy, a Dunmore East man with a long history at The Spinnaker. Paul and his team cook in an uncomplicated way that lets good ingredients speak for themselves, fresh, local and done properly, with the day's catch never far from the plate. We cater for dinner, groups and casual dining, and welcome both bookings and walk-ins.

Out front, restaurant manager Sarah Walshe looks after the welcome and your service experience. A local with a long association with The Spinnaker, Sarah and her team make sure every guest is well looked after from the moment they step through the door, friendly, attentive, and never any fuss.

STARTERS

The place to begin. Our starters lean on what the sea gives us – fresh mussels, chowder and prawns – alongside a few simple favourites. Fresh, local where we can, and never overcomplicated. Perfect to share, or just to take the edge off while you decide what's next.

Soup of the Day€7.00

Today's homemade soup, made with seasonal ingredients and served with brown bread. (1, 3, 7) (G.F available)

Greek Salad.....€10.00

Romaine lettuce, ripe tomatoes, cucumber, black olives and feta, dressed with a lemon and oregano vinaigrette. (7)

Classic Prawn Cocktail.....€12.00

Succulent prawns, crisp little gem lettuce and Marie Rose sauce, served with homemade brown bread. Add a dash of Worcestershire at the table. (1, 2, 3, 7) (G.F available)

Crispy Chicken Wings€13.00

Golden crispy chicken wings, tossed in buffalo or BBQ sauce, with celery and cool ranch dressing. Lemon hand-rinse provided. (7, 9) (G.F)

Dunmore East Seafood Chowder.....€13.50

A hearty cream-based chowder packed with salmon, smoked haddock, cod and mussels, served with homemade brown bread.(1, 3, 4, 7, 9, 12, 14)

Mussels€13.95

Fresh mussels in a creamy chorizo and sherry sauce, served with warm homemade garlic bread. (1, 3, 7, 12, 14) (G.F available)

Deep Fried Calamari€16.00

Lightly battered squid, fried until golden and crisp, with sweet chilli sauce, served with a dressed side salad (1, 3, 14)



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MAINS

The heart of the menu. Our mains are honest, generous plates, the day's catch done simply, Irish beef and the freshest fish, and a few favourites that keep people coming back. Fresh, local where we can, cooked properly and served without fuss. However you like to eat – a quiet dinner, a table of friends, or a casual bite at the bar, there's something here for you.

Spinnaker's Traditional Beer-Battered Fish€21.95

Fresh Atlantic haddock in a light beer batter, chunky chips, minted mushy peas, tartare sauce and lemon. (1, 3, 4, 12) (G.F available)

Homemade Gourmet Beef Burger€19.50

8oz Irish beef in a brioche bun with smoked bacon, cheddar, dill pickle and house burger sauce. Served with chips and a dressed leaf salad. (1, 3, 7, 10)

Dunmore East Seafood Pie.....€22.95

Salmon, smoked haddock and cod in a white wine cream, herb crumb and buttery mash, with a side salad. (1, 4, 9, 12, 14)

Chicken Korma.....€21.50

House-made mild North Indian-style korma with Irish chicken and toasted almonds, basmati rice and warm naan. (1, 8, 12) (G.F available)

Vegetable Korma.....€19.50

Seasonal vegetables in a creamy coconut-almond sauce, basmati rice and warm naan. Vegan on request. (1, 8, 12) (G.F available)

10oz Striploin Steak.....€37.00

Irish striploin with sautéed mushrooms and onions, chips, and your choice of pepper sauce or garlic butter. (1, 3, 7)

Goat's Cheese Puff Pastry€19.00

Flaky pastry with whipped goat's cheese, Mediterranean vegetables and a basil pesto drizzle. (1, 3, 7, 8)

Prawn and Crab Linguini€25.00

Fresh prawns and crabmeat tossed through linguini with cherry tomatoes in a garlic cream sauce. (1, 2, 7)



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PIZZA

Our pizzas are made the way we cook everything at The Spinnaker – simply, and properly. House dough, a good tomato base and toppings worth eating, stone-baked until the base is crisp and the edges blister. Nothing fancy, nothing rushed. Every one can be made gluten-free, so there's something for everyone, just as at home at the bar as out in the Dry Dock on a summer evening.

All pizzas available gluten-free on request

Margherita.....€15.00
Classic pizza with tomato sauce, mozzarella and basil oil. (1, 4, 9, 12, 14)

Pepperoni.....€17.50
Tomato sauce, double pepperoni and mozzarella. (7, 9, 12)

Pizza Hawaiian.....€17.50
Ham, pineapple and mozzarella. (7, 9, 12)

Pizza Vegetariana.....€18.00
Mushrooms, peppers, red onion, sundried tomatoes, spinach and mozzarella. (1, 3, 7, 10)

Pizza Diavola.....€18.00
Spicy salami, pepperoni, chilli flakes and mozzarella. (1, 4, 9, 12, 14)

Pizza Cajun Chicken.....€19.50
Spiced cajun chicken, mixed peppers, sweetcorn and mozzarella. (1, 3, 7, 8)

Pizza Meat Feast.....€20.50
Spicy salami, pepperoni, bacon, cajun chicken, BBQ sauce and mozzarella. (1, 3, 7)

Build Your Own.....€15.00
Tomato base and mozzarella, built your way. Extra toppings €2 each – spicy salami, pepperoni, chilli flakes, ham, pineapple, bacon, cajun chicken, mixed peppers, sweetcorn, red onion, mushrooms, spinach, tuna. (1, 3, 7, 8)

Garlic Pizza Bread.....€9.50
Stone-baked garlic pizza bread. (1, 3, 7, 8)



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DESSERTS

Save a little room. Our desserts are made in-house and kept simple – the kind of finish a good meal deserves. A proper crème brûlée, a cheesecake that changes with the week, and our own Spinnaker Mess when the berries are good. Nothing over the top, just done properly and worth the last few minutes at the table.

Strawberry Mousse.....€8.95

Served with fresh cream.

(1, 3)

Cheesecake of the Week.....€8.95

Served with fresh cream.

(1, 3, 7)

Crème Brûlée.....€8.95

Served with a shortcrust biscuit.

(1, 3, 7)

Chocolate & Orange Tart.....€8.95

Served with vanilla ice cream.

(Vegan & Gluten-Free available)

Spinnaker Mess.....€9.95

Our coastal twist on Eton mess – crushed meringue, whipped cream and seasonal berries.

(3, 7)

TO FINISH

And to round things off, a proper coffee, made with beans from our local supplier, Tony Boland. The right way to end a meal.

ALLERGENS

1 Gluten · 2 Crustaceans · 3 Eggs · 4 Fish · 5 Peanuts · 6 Soybean · 7 Dairy · 8 Nuts · 9 Celery · 10 Mustard · 11 Sesame · 12 Sulphites · 13 Lupins · 14 Molluscs

Please tell us about any allergy before you order. (G.F) = gluten-free; (G.F available) on request.



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